

14-A UniServ Newsletter
452 W. Baldwin
989-356-4551
800-587-5545
cherring@mea.org
hPOCH@mea.org

Eastsider

Chuck Herring, UniServ Director
Harriet Poch, UniServ Field Assistant

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WHERE'S CHUCK?

- Mar. 8 - Hillman EA Bargaining Workshop (Hillman)
- 9 - 14A Coordinating Council Meeting (MEA Office)
- 10 - MEA Webinar (MEA Office)
- 11 - Travel to Big Rapids
- 12 - Northern Zone Staff Meeting (Big Rapids)
- 15 - Alcona EA Layoff Workshop (Lincoln)
Alcona EA Bargaining (Lincoln)
- 16 - Mio EA Bargaining Workshop (Mio)
- 17 - Chuck on leave in p.m.
- 18-25 - Chuck on leave (son getting married in Guatemala)
- 26 - Meeting in Lansing
- 29 - Chuck on leave
- 30 - Meeting w/CC Chair re April Agenda (Lewiston)
- 31 - Chuck on leave
- Apr. 1 - Chuck on leave
- 2 - Good Friday (all MEA Offices closed)**
- 5-6 - Prep for Alpena Fact-Finding
- 7 - Alpena EA Fact-Finding
- 9 - Northern Zone Staff Meeting (Traverse City)
- 12 - Chuck on leave
- 13 - 14A Coordinating Council Meeting (MEA Office)
- 14 - Region 14 Council Meeting (BJ's – Gaylord)
- 15 - NMEA (BJ's – Gaylord)



SO WHAT'S NEW?

I usually talk about the Ides of March and cabin fever in this newsletter, but since cabin fever and March madness have been going on since early December, there is little need to remind all to get outside and enjoy the sunshine as the days lengthen and the time changes (Sunday, March 14 is the spring-ahead day).

RTTT is still a topic in the forefront. Several of our EA bargaining teams (Alcona, Alpena and Mio) sent a total of 10 delegates to this office to rough out a strategy and ideas to deal with the RTTT issues; evaluation, merit pay, and non-certified teachers. MEA has already done some prep work on the privatization issues a heartfelt thanks to Kay Anderson, Michelle Marsh, Doris Feys, Dorene Schick, Mary Jo Hein, Beth Ross,

Erin Klinger, Donice ZiBerna, Lisa Hilberg, and Tim McFalda for giving up their Saturday to make life easier for us at the bargaining table.

This morning Harriet and I are involved in a conference call for the morning. We have no idea what the topic is but are assuming it is dealing with the webinar scheduled on Wednesday, March 10th, by Iris Salters, MEA President. I think there will be some heavy duty actions planned to let the legislators know we are not happy with their behavior to date.

The last concerns the 14A position. I will be retiring effective April 30, 2010. This evening, Yvonne Williams, Northern Zone Director, will be meeting with delegates from all the locals to establish the process by which the interviews for the 14A (Alpena) UniServ position will be conducted. Be sure your local is included in this process.

Lastly, I have accrued a goodly amount of comp time in the months of January and February. This time is not payable after retirement and must be utilized before April 30. So, I will be taking some time off—primarily Fridays and Mondays, if possible. I do plan, however, to work through April 30th, that is there will not be a month of Chuck's not in the office. If I am not in the office, a UniServ will be backing up for me, if necessary.

DID YOU KNOW...



Beware of “e-cards.” Creators of computer viruses and other malicious programs use electronic greeting cards (e-cards) to infect recipients' computers. *Danger:* Reading an infected e-card may install malicious software on your computer. *Best:* Never open an e-card unless it is from a named person you know. Malicious e-cards usually are marked as coming from an unnamed person, such as “a friend” or “secret admirer.” Don't open any e-card from a stranger or one that contains a spelling or grammatical mistake in the subject line. Internet ScamBusters, Boone, North Carolina. www.ScamBusters.org



Holding in anger at work doubles heart attack. Recent findings: Men who did not speak up when they felt unfairly treated on the job were five times more likely to have a heart attack than men who vented their frustration. Constanze Leineweber, PhD, psychologist, Stress Research Institute, Stockholm University, Sweden, and leader of a study of 2,755 employed men, published in *Journal of Epidemiology and Community Health*.



To determine how much sleep you really need: Go to bed at the same time every night for a week without setting an alarm. The number of hours you sleep on the fourth night is probably the number you need to feel really refreshed and perform at your best—make that your goal every night. Most adults function best on seven and a half to eight hours of sleep. James B. Maas, PhD, psychology professor, Cornell University, Ithaca, New York, and author of *Power Sleep: The Revolutionary Program That Prepares Your Mind for Peak Performance* (Harper Paperbacks)

Have a wonderful Spring Break.

CHECK OUT THE NORTHERN ZONE WEBSITE –
www.northernzonemea.org

